

5 Steps to Rapid Employment—The Benefits

By: Alexandria Vattimo, Career Services Advisor

Since its introduction to RochesterWorks in 2011, the five day 5 Steps to Rapid Employment Program has been an inspiration for many who are seeking to get more out of their job search.

The program walks participants through renown career coach and author Jay Block's 5 Steps to Rapid Employment, designed to accelerate the time it takes to land a job. This holistic program explores participants' mindset, values, resume, interview skills, action plan, and more! Graduates of 5 Steps walk away feeling "transformed" with a newfound energy that launches them into success—just one of the benefits to taking this course.

Additional Benefits of the 5 Step Program:

- **A variety of instructors.** For people receptive to different instructional styles.
- **Blended learning workshops.** With both in-class & online options available.
- **Resources.** Video content access for one year and a workbook for life.
- **Certified Coaches.** To help guide you throughout the remainder of your job search.
- **Campaign Team Meetings.** Where you will get to interact with other graduates of the program and hear advice on the latest job search trends from experts in the career services field.
- **Networking.** Support from other classmates and the LinkedIn 5 steps group.

If this list does not awaken your curiosity, the biggest benefit we have seen over the years is that people taking the class walk away knowing they are not alone. Job search can be isolating and overwhelming, but knowing there are others out there who are going through similar experiences is worth the entire experience.

See What the Graduates Of 5 Steps Are Saying...

"I loved the variety of instructors—I found their multiple perspectives very valuable."

"One of the best workshops I've been to, I highly recommend it!"

"There were so many mind-blowing things I did not know. The staff were like family, and everything put me in the mindset to succeed."

"I loved how emotionally engaged the instructors were with their material and the students."

"I loved this experience and came out of it feeling more confident with a whole new network of friends!"

Additional Resources:

To learn more and participate in the next 5 Steps cohort please reach out to Alexandria Vattimo, 5 Steps to Rapid Employment Program Coordinator at avattimo@rochesterworks.org